



Your child needs healthy teeth to eat, talk, and smile!
Don't wait to visit the dentist until your child says their teeth hurt.

How to make a dental appointment?

If your child has Healthy Start or your family has Healthy Families, dental services will be provided at no cost.

If you don't have dental insurance and have a limited income, you may qualify for Ohio's Medicaid program. Applications are available at <http://benefits.ohio.gov> or by calling the Medicaid Consumer Hotline at **1-800-324-8680**.

Regular dental visits may include examinations, x-rays, cleanings, fluoride treatments, dental sealants and fillings. All of these are important to keep your child's teeth healthy.

Now that you have an appointment:

Keep the dentist's name, address and phone number handy.

If you need a ride, make the arrangements now.

- Your county Department of Job and Family Services may be able to help you find a ride. If you can, arrange for a babysitter for the other children.

Be sure to keep the appointment.

- If you must change to a different day or time, call the dentist's office as soon as possible.
- Arrive on time. Valuable time has been set aside for your child.

Prepare your child for the appointment.

- Talk to your child about the dental visit in a positive way. It will make it more enjoyable.
- The office staff will explain what they are doing, and this will help prepare your child to be a good dental patient.