

CLUES YOUR TODDLER MAY HAVE ASTHMA

Asthma may be hard to detect in young children because they can't explain how they are feeling, and breathing tests are not as easy to do.

WATCH YOUR CHILD FOR THESE CLUES:

WHEEZING
or a whistling
sound in
the chest
while exhaling



COUGHING
for weeks
with a cold



**SHORTNESS
OF BREATH**
or coughing
when running
around or
in cold weather



**STOPPING OR
SLOWING
DOWN**
physically
more than
other children



Early detection and treatment can prevent scary breathing episodes, problems with exercise and emergency department visits. Talk with your doctor if:

- You have a family history of asthma
- Your child has eczema, hay fever or food allergies
- You see any signs of asthma in your toddler

ASTHMA FACTS

- 1 in 10 children in the U.S. have asthma
- 10.5 million missed school days each year due to asthma
- 4% of 5 to 17 year olds have limited activity due to asthma
- 7% of preschool children with asthma are hospitalized

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