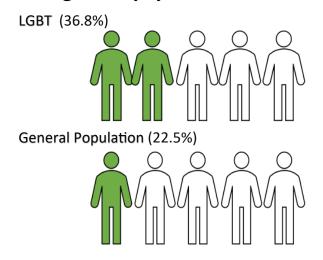
Tobacco & the LGBT Community in Ohio

Members of the LGBT community smoke cigarettes about 2X the rate of the general population 1



LGBT Population General Population





About 2 in 4 LGBT Ohioans have tried electronic cigarettes and/or vaping compared to 1 in 4 of the general population.¹

61%



of LGBT Ohioans reported exposure to secondhand smoke (SHS) in the past 7 days.¹

47.5% of the General Population exposed to SHS.¹

Health Effects

- Over 75,000 LGBT Ohioans suffer from frequent poor mental health days. Poor mental health is associated with greater smoking rates.
- LGBT Ohioans are also disproportionately affected by HIV with male to male sexual contact accounting for 50% of all persons living with HIV in 2015. Adults living with HIV smoke at rates 2-3 times greater than adults living without HIV.
 - Tobacco use inhibits the effectiveness of certain medications taken by mental health patients. Smoking is also associated with poorer responses to antiretroviral therapy (ART) for HIV patients.

For free help to quit smoking, call 1-800-QUIT-NOW.



References

- 1. Behavioral Risk Factor Surveillance System, 2016
- 2. Tobacco Use Among Adults with Mental Illness and Substance Use Disorders. Centers for Disease Control and Prevention. https://www.cdc.gov/tobacco/disparities/mental-illness-substance-use/index.htm
- 3. 2016 HIV/AIDS Surveillance Epidemiologic Report for Ohio. Ohio Department of Health. https://www.odh.ohio.gov/-/media/ODH/ASSETS/Files/health-statistics---disease---hiv-aids/2016-HIV-Surveillance-Epidemiologic-Report-for-Ohio.pdf?la=en
- 4. HIV.gov. https://www.hiv.gov/hiv-basics/staying-in-hiv-care/other-related-health-issues/smoking