

## COORDINATING COUNCIL

### Co-Chairs

Richard Shonk, MD, PhD  
Ted Wymyslo, MD

## MEMBERS

### Representing Providers

Ted Wymyslo, MD  
Richard Snow, DO, MPH  
J. William Wulf, MD  
Randall Cebul, MD

### Representing Patients

Anna Fetzer

### Representing Insurers

Barry Malinowski, MD  
Craig Thiele, MD

### Representing Employers

Kevin Brinckerhoff  
Patty Starr

### Representing RHICs

Richard Shonk, MD, PhD  
Rita Horwitz, RN  
Krista Stock

### Representing HIT

Dan Paoletti

### Representing Health Policy

Amy Rohling McGee

### Patient Engagement Center

Angela C. Dawson

### Workforce Center

Patrick Ecklar, MD  
Kate Mahler

### Executive Director

Amy Bashforth

## The Ohio Commission on Minority Health

# Celebrates its 30<sup>th</sup> Anniversary and the 2017 Minority Health Month Expo!



*By Kasey Powers, Junior, Ohio State University (Political Science) and  
OCMH Spring 2017 Intern*

The Ohio Commission on Minority Health will celebrate its 30<sup>th</sup> anniversary this year. To kick off this celebration, the commission is hosting two events that will take place in the final week of March. The first event will feature state agency directors along with nationally recognized Dr. Brian Smedley in a panel discussion entitled "Addressing Health Disparities and Achieving Health Equity: Policy Matters," and the second event will highlight the commission's 2017 Minority Health Month Statewide Expo and 30<sup>th</sup> Anniversary Opening Ceremony.

The first Minority Health Month was held in April 1989 as a statewide 30-day wellness campaign. In 2000, Minority



The Ohio Patient-Centered Primary Care Collaborative (OPCPCC) is a coalition of primary care providers, health professionals from the medical neighborhood, insurers, employers, consumer advocates, government officials and public health professionals. They are joining together to create a more effective and efficient model of healthcare delivery in Ohio. That model of care is the Patient-Centered Medical Home (PCMH).

## IN THIS ISSUE

The Ohio Commission on Minority Health Celebrates its 30 <sup>th</sup> Anniversary and the 2017 Minority Health Month Expo	1
My Patient Had a Stroke — Now What?	2
OPCPCC Provider and Patient Engagement Tool Box Redesign	5
OPCPCC Membership	5
Announcements and Upcoming Events	5

Health Month became a national celebration. Minority Health Month was designed to:

- Promote healthy lifestyles;
- Provide crucial information to allow individuals to practice disease prevention;
- Showcase the resources for providers of grassroots health care and disseminate information;
- Highlight the resolution of the disparate health conditions between Ohio's minority and non-minority populations; and
- Gain additional support for the ongoing efforts to improve minority health year-round.

*Continued on page 4*

# My Patient Had a Stroke – Now What?

By Stacy Lender, Coverdell QI Coordinator

Many stroke patients require significant post-acute care. Follow-up with their primary care provider or specialists facilitate care continuity to improve recovery and reduces hospital readmissions. You can also assist them in managing their risk factors to reduce recurrent strokes.



## Partner with Coverdell Hospitals to Improve Care for Stroke Patients

- o Establish partnerships with stroke teams at Coverdell hospitals who discharge patients to your care.
  - Receive patient's hospital discharge summary before their first post-acute visit.
  - If you would like to develop a partnership with any of the Coverdell hospitals' stroke teams and do not know who to contact, please e-mail Stacy Lender, Coverdell QI Coordinator, at [stacy.lender@odh.ohio.gov](mailto:stacy.lender@odh.ohio.gov).
- o Work with Coverdell hospitals to create an "expedited" scheduling process for post-discharge follow-up appointments.
- o Know your community's post-stroke services and resources.

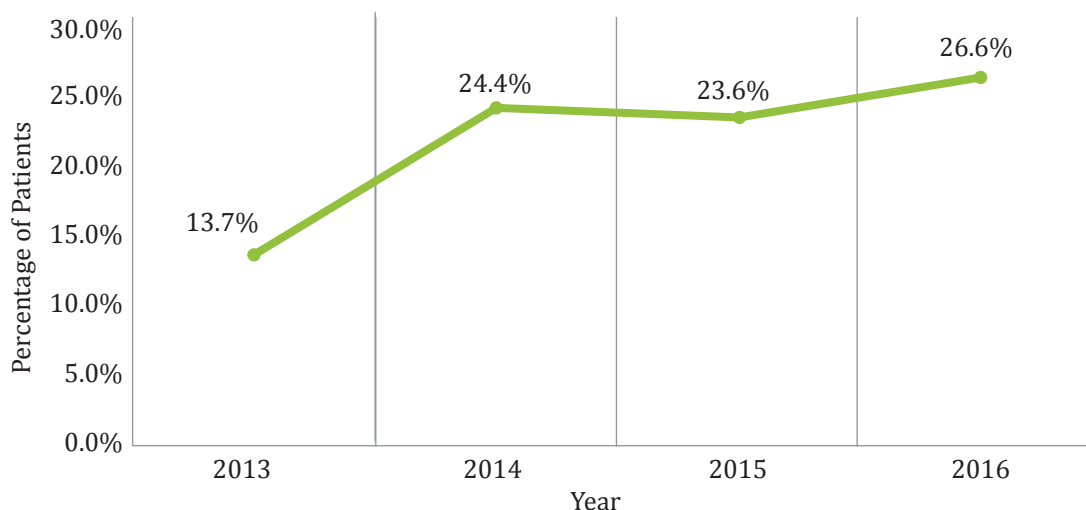
## Coverdell Follow-Up Appointment Scheduling Initiative

The Ohio Department of Health (ODH) is working with Coverdell hospitals listed at the right to improve the quality of stroke patients' "transitions of care" (TOC) from in-hospital to post-hospital care settings. Participating hospitals schedule and document, prior to discharge, appointments with primary care and neurology providers in order to improve patients' care transitions. Coverdell hospitals' success in scheduling follow-up appointments with primary care providers (PCPs) for stroke patients discharged home is shown below.

## Ohio Coverdell Hospitals

Adena Health System	South Pointe Hospital
Akron General Medical Center	Southwest General Health Center
Ashtabula County Medical Center	Springfield Regional Medical Center
Atrium Medical Center	St. Elizabeth Health Center
Aultman Hospital	St. John Medical Center
Cleveland Clinic	St. Luke's Hospital
Euclid Hospital	St. Rita's Medical Center
Fairfield Medical Center	St. Vincent Charity Medical Center
Fairview Hospital	Summa Akron City Hospital
Firelands Regional Medical Center	Summa Western Reserve Hospital
Fisher-Titus Medical Center	Sycamore Medical Center
Genesis Healthcare System	The Ohio State University Hospital East
Good Samaritan Hospital (Dayton)	The Ohio State University Wexner Medical Center
Grant Medical Center	University of Cincinnati Medical Center
Hillcrest Hospital	University Hospitals Ahuja Medical Center
Joint Township District Memorial Hospital	University Hospitals Bedford Medical Center
Kettering Medical Center	University Hospitals Cleveland Medical Center
Lake Health	University Hospitals Elyria Medical Center
Marietta Memorial Hospital	University Hospitals Geauga Medical Center
Marion General Hospital	University Hospitals Parma Medical Center
Marymount Hospital	University Hospitals Portage Medical Center
Medina Hospital	University Hospitals Richmond Medical Center
Mercy Medical Center (Canton)	University of Toledo Medical Center
Mercy St. Vincent Medical Center	Upper Valley Medical Center
MetroHealth Medical Center	Wooster Community Hospital
Miami Valley Hospital - Premier Health	
Mount Carmel East	
Mount Carmel St. Ann's Hospital	
Mount Carmel West	
ProMedica Bay Park Hospital	
ProMedica Flower Hospital	
ProMedica Toledo Hospital	
Riverside Methodist Hospital	

## Coverdell Hospital Performance Improvement Scheduling Patients' Follow-up PCP Appointments Prior to Discharge 2013-2016



These initiatives are improving the quality of stroke patients' care transitions from the hospital to community care, but the work does not stop here.

**Please use the following resources/links to help guide you in optimizing your stroke patients' recovery:**

National Stroke Association Post-Stroke Checklist for Healthcare Professionals: <https://www.stroke.org/sites/default/files/resources/post-stroke-checklist-improving-life-after-stroke.pdf>

National Stroke Association Post-Stroke Checklist for Survivors and Caregivers: [http://www.stroke.org/sites/default/files/resources/National\\_Stroke\\_Assn\\_Post-stroke\\_Checklist\\_01.pdf](http://www.stroke.org/sites/default/files/resources/National_Stroke_Assn_Post-stroke_Checklist_01.pdf)

American Heart Association/American Stroke Association Guidelines for Adult Stroke Rehabilitation and Recovery: [https://professional.heart.org/professional/ScienceNews/UCM\\_485187\\_Guidelines-for-Adult-Stroke-Rehabilitation-and-Recovery.jsp](https://professional.heart.org/professional/ScienceNews/UCM_485187_Guidelines-for-Adult-Stroke-Rehabilitation-and-Recovery.jsp)

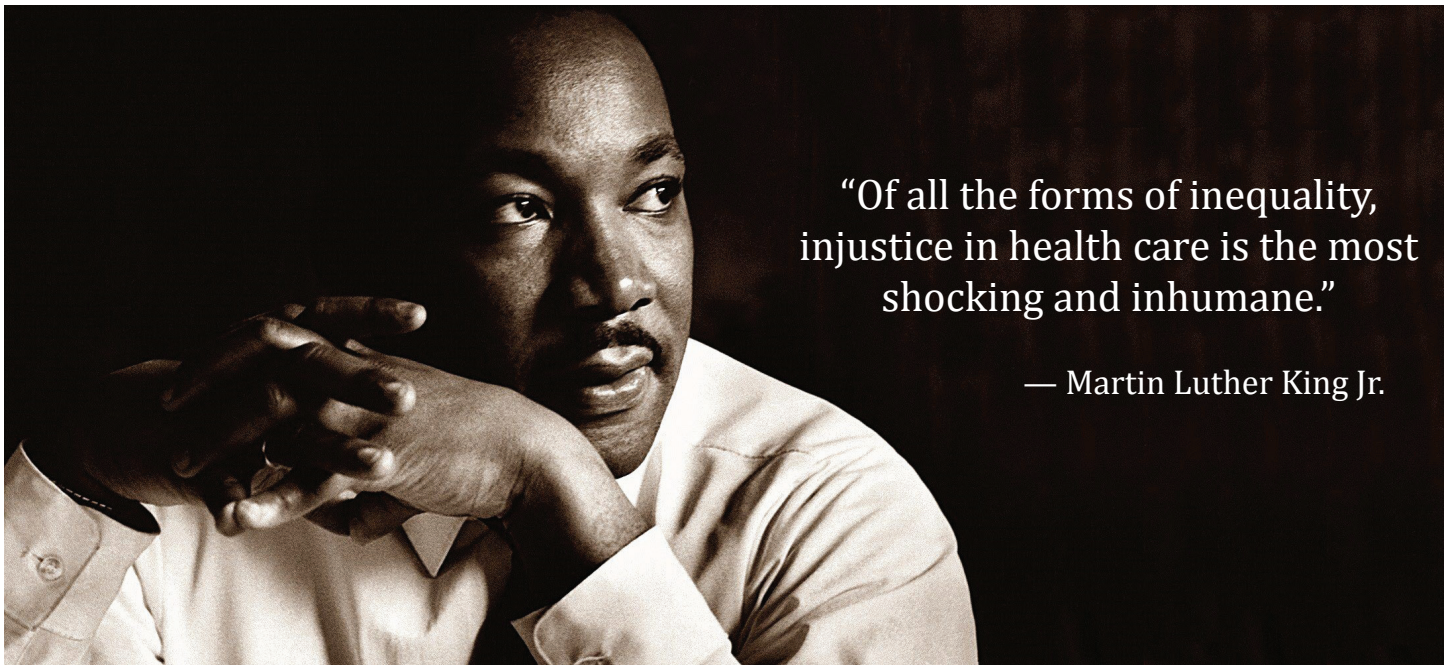
For more information about the Ohio Coverdell Stroke Program at the Ohio Department of Health, please contact Stacy Lender at [stacy.lender@odh.ohio.gov](mailto:stacy.lender@odh.ohio.gov) or visit <http://www.odh.ohio.gov/health/hdsp/coverdell/coverdellstroke.aspx>.

## Ohio Coverdell Stroke Program Overview

The Ohio Coverdell Stroke Program at ODH is a data-driven quality improvement program for stroke treatment funded by the Centers for Disease Control and Prevention. The program provides quality improvement resources to hospital stroke teams and other healthcare providers to improve stroke patients' quality of care and care transitions, and reduce the number of Ohioans who die from or are disabled by stroke. Currently, 58 hospitals across the state of Ohio participate in the Coverdell Stroke Program, as listed in the sidebar. For more information, visit the [Coverdell website](#).







**“Of all the forms of inequality,  
injustice in health care is the most  
shocking and inhumane.”**

**— Martin Luther King Jr.**

“Ohio joins the nation in the celebration of April as Minority Health Month,” stated Commission Executive Director, Angela Dawson. “This year’s national theme for Minority Health Month is ‘Bridging Health Equity across Communities.’ This theme reflects the Ohio Commission on Minority Health’s continuous and collective efforts to increase momentum toward achieving a state free of disparities in health and health care.” Removing health disparities and achieving health equity is at the crux of the commission’s work and a key message by Dr. Smedley during the opening program.

The first event of the week, the panel discussion, will be held in the Ohio Department of Transportation Central Office Auditorium at 1980 W. Broad Street, Columbus, Ohio 43223 on Monday, March 27, 2017, from 2 p.m. – 4 p.m. The second event of The Minority Health Month Expo and 30<sup>th</sup> Anniversary Opening Ceremony will take place in the Davidson Theater, located in the Vern Riffe Center for Government and the Performing Arts, 77 S. High Street, Columbus, Ohio 43215 on Tuesday, March 28, 2017, from 9 a.m.-2 p.m. Work has begun for quite a celebration to include members of the original slate of Commissioners and Task Force, a nationally recognized speaker, and a Federal Office on Minority Health speaker. In addition, the program will include the presentation of statewide minority health awards for individuals who have demonstrated a commitment to reducing health inequity in their communities and beyond. Both events are free and open to the public.

For this year’s expo, Director Dawson shared that, “The Commission is able to provide expanded minority health awareness opportunities and to showcase our grantees due to the generous support of our corporate sponsors.” This year’s Bronze Level Sponsor is Buckeye Health Plan and our Pewter Level Sponsors include CareSource, Molina, OSU Wexner Medical Center, Ohio University College of Osteopathic Medicine and ProMedica. Over 50 vendors will be on site for free health screenings and information, health incentives, healthy food samples and live fitness demonstrations.

During April, there will be more than 100 events throughout Ohio focused on the promotion of healthy lifestyles, screening activities and the provision of crucial information to empower individuals to practice health promotion. You can find activities near you on the commission’s website, [www.mih.ohio.gov](http://www.mih.ohio.gov). All Minority Health Month events are free and open to the public.

In 1987, the Ohio Commission on Minority Health became the first freestanding state agency in the nation to address the disparity that exists between the health status of minority and non-minority populations. Today, there are Offices of Minority Health in 47 states. The commission’s mission is to eliminate disparities in minority health through innovative strategies and financial opportunities, public health promotion, legislative action, public policy and systems change. For more information on the Ohio Commission on Minority Health, please visit [www.mih.ohio.gov](http://www.mih.ohio.gov). If you have any other questions, please contact the commission at (614) 466-4000.

## OPCPCC Provider and Patient Engagement Toolbox Updates

The OPCPCC Patient Engagement Toolbox contains a wealth of information and resources to help practices engage patients in their own care. For example, the toolbox includes more than 30 resources related to self-care goals on many topics including depression, sleep, medications, and exercise. You can access these valuable resources through the [OPCPCC Toolbox website](#).

A few new resources were added to the toolbox in March. One recent addition to the toolbox is the Patient-Centered Primary Care Collaborative Support & Alignment Network (SAN) Resource Library, which includes a wealth of useful resources including a "Patient and Family Advisor Confidentiality Contract" and a tool to assist in conducting a "walk-about" in primary care from the patient and family perspective. Additionally, a blog post from Patient-Centered Outcomes Research Institute (PCORI) regarding the value of patient advisory boards was added to the toolbox; this post includes tips about forming and running patient and family advisory boards.

The toolbox is updated regularly by the OPCPCC Center for Provider and Patient Engagement to ensure that new resources are made available in a timely manner. Users may submit tools for consideration for inclusion in the toolbox. Be sure to visit the [toolbox](#) soon!

## OPCPCC Membership

The OPCPCC invites you to become a member and join us in spreading PCMH throughout Ohio. **Membership in OPCPCC is free** and benefits include:

- Conferences and networking opportunities
- Quarterly Newsletters
- Ohio PCMH Weekly updates

Please complete the [on-line membership form](#), to ensure that you will receive updates about OPCPCC and PCMH activities in Ohio. Please call (614) 644-9756 with any questions regarding membership in OPCPCC.

## Announcements and Upcoming Events

### OPCPCC Activities and Events

- Tue., Mar. 28 at 11:00 a.m. OPCPCC Center for Provider and Patient Engagement call
- Tue., April 25 at 11:00 a.m. OPCPCC Center for Provider and Patient Engagement call
- Tue., May 23 at 12:15 p.m. OPCPCC Patient Engagement webinar
- Wed., May 31 at 10:00 a.m. OPCPCC Workforce Learning Center meeting

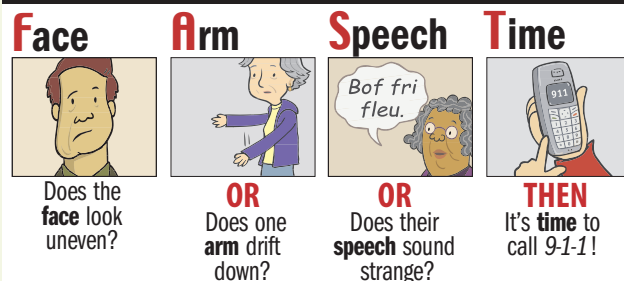
April is National Minority Health Month. [Learn more](#)

April 3 – 9, 2017 is National Public Health Week. <http://www.nphw.org/>

May is National Stroke Awareness Month.

The National Stroke Awareness Month program places emphasis on making the public aware about [Acting F.A.S.T.](#)

**Is it a stroke? Check these signs FAST!**



**Save the Date:** The 2017 OPCPCC annual conference will be held on Friday, October 27, 2017 at Pinnacle Golf Club in Grove City.

If you have ideas or would like to contribute an article for an upcoming newsletter, please send your ideas to [PCMH@odh.ohio.gov](mailto:PCMH@odh.ohio.gov) or call Amy Bashforth at (614) 644-9756.