{«DateLetterGenerated»}

{«Guardian»}
{«MailAddress»}
{«MailCity», «MailState» «MailZip»}

Gacaliye/Gacaliso {«Guardian»}:

Warqaddan waxaa lagugu soo diray si lagugu wargeliyo in ilmahaaga, {«ChildFirst» «ChildLast»}, uu maray baadhitaanka dhiiga.

Taarikhda Baadhitaanka	{**«DrawDate»**}
HeerkaLead-ka ee Dhiiga:	{**«BLLResult»**} **µg/dL**

Sida ee qeexeen Xarumaha Xakamaynta iyo Kahortagga Cudurrada ee Maraykanka, natiijo baadhitaan ee macdanta lead-ka taas oo gaarayso heerka **3.5 µg/dL** ama wax ka badan waxay ka dhigan tahay in ilmahaagu uu soo-gaadhay waxyeellada summowga macdanta lead-ka

Fadlan la xidhiidh {**«Hdname»**} sida{**«HDPhone»**} ugu dhakhsaha badan. Waxaan kuweydiin doona su'aalo kuwaas oo naga caawin doona in aan ogaano illaha sababay soo-gaadhista waxyeellada lead-ka ee ilmahaaga. Su'aalahani waxay sidoo kale iga caawin doonaan inaan ku siiyo hagitaan ku saabsan sida loo dhimi karo heerka lead-ka ee ku jira dhiigga ilmahaaga.

Macdanta lead-ka waxa laga heli karaa rinjiyada noocyadi hore iyo wasakhda carrada. Marka rinjiga duugga ahi bilaabo inuu jajabiyo oo dillaaco, wuxuu markaasi abuuraan qaybo yaryar oo boodhka lead-ka ah. Boodhkan yari ee uu macdanta lead-ka wato wuxuu ku dhici karaa waxyaalaha ilmahaagu afka galiyo, sida alaabta ay ku ciyaaraan. Ilmahaagu wuu liqi karaa boodhkan leh macdanta lead-ka ama waxaa uu ku neefsan karaa boodhka leh macdanta lead-ka. Inta badan carruurta uu heerarka macdanta lead-ka ee ku jira dhiiggooda uu sare u kacay uma muuqdaan in wax jirro ah hayso.

Carruurta qaarkood ee leh heerarka macdanta lead-ka dhiiggooda oo sarreeya waxay wajahaan dhibaatooyin xagga waxbarashada, hab-dhaqanka, dareenka, iyo maqalka. Waxa jira waxyaabo aad samayn karto si aad u yarayso heerka macdanta lead-ka ee ku jira dhiiga ilmahaaga:

- Marar badan dhaq gacmaha ilmahaaga, gaar ahaan kahor inta aanay wax cunin.
- Marar badan dhaq geesaska daaqadaha guriha, ceelasha, iyo sagxadaha guriga.
- Dadka ha iska siibaan kabahooda kahor intaysan soo galin gurigaaga.
- Sii ilmahaaga cuntooyin ay ku badan yihiin macdanta iron-ta iyo kaalshiyamka. Qaar ka mid ah cuntooyinka wanaagsan ee aad siin karto ilmahaaga waa caanaha, jiiska, subagga lawska, sabiibka, digirta, iyo kalluunka.

La xidhiidh barnaamijka Wax ka qabadka Hore ee Ohio (EI) haddii aad walaac ka qabto wax ku aadan korriinka ilmahaaga. Ilmaha da'doodu **ka yar tahay saddex sano** ee leh heerka macdanta dhiigga ee ugu yaraan 5µg/dL waxay si toos ah ugu qalmaan in ay qayb ka noqdan barnaamijka EI. EI waxay la shaqaysaa qoysaska leh ilmaha dhalaanka ah iyo ilaa kuwa saddex jirka ah kuwaas oo leh dib u dhac dhanka korriinka ah ama naafonimo si ay u helaan bilawga ugu wanaagsan ee nolosha. Si aad isu diiwaangeliso wac 1-800-755-4769 ama booqo ohioearlyintervention.org.

Tixraaca {«ChildIdentifier»}