

School Observations Form Checklist [School Letterhead]

School Vision Screening Information Letter

Date: _____ Observed by Parent(s)/Guardian(s) of _____ or

Screener _____

- Note any of the following eye condition
 - Ocular asymmetry, including eye size.
 - Abnormal color of iris, shape of pupils, etc.
 - Red, swollen eyelids.
 - Drooping eyelid(s).
 - Growth on lid or eye.
 - Drainage or discharge from the eyes.
 - Consistently crusty eyelashes.
 - Unequal pupil size.
 - Cloudiness or haziness of cornea.
 - Red eye or eyes.
 - Misaligned eyes (ocular muscle imbalance).
 - Eyes in constant motion, i.e., nystagmus.
 - Consistently poorly fitting frames or scratched corrective lenses.

Referrals can be made on frequent behaviors observed by a teacher, parent/guardian or screener nurse

- Note the following behaviors
 - Holding working material excessively close or far from the eyes.
 - Squinting.
 - Frequent rubbing or blinking of eyes.
 - Frowning when reading.
 - Thrusting head forward.
 - Constant head tilt or face turn/any unusual head position.
 - Covering an eye while reading.
 - Closing one eye in sunlight.

In addition to appearance and frequent behaviors observed, referrals can be made based on complaints from the child.

- The following list of questions is appropriate in working with the child to obtain a history of complaints:
 - Do you have or wear glasses?
 - Do you have difficulty seeing distance (such as when looking across the street) or at a close distance (such as when reading a book)?
 - Do you have blurred or double vision when reading or doing close work?
 - Do you get frequent headaches when reading or doing close work?
 - Do your eyes feel tired when reading or doing close work?
 - Do you have blurred vision when going from distance work to near work or near work to distance work?

- Note the following complaints might come from the child, parent or guardian
 - Eye pain.
 - Itching and/or burning sensation.
 - Double vision.
 - Blurred vision.
 - Frequent headaches when reading,
 - Persistent visual complaints after reading or any sustained near activity.
 - Light sensitivity:
 - Spots floating across field of vision.