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Steps for a Successful Client Visit When Talking About Progesterone

1.

ASK your client these key questions:

- Have you ever delivered a baby more than three weeks early?
- Have you ever used progesterone before?
- Has a health professional ever told you that you have a short cervix?
- Are you pregnant with only one baby?

2.

REVIEW progesterone basics with your client using information found in the *Resources for Credible Messengers* handout

3.

PREPARE your client to ask her provider these questions at her first prenatal appointment

- What is progesterone?
- Is progesterone right for me?
- When should I start progesterone?
- How will progesterone be given to me?

4.

GIVE your client the 'Having another baby? Ask about progesterone' flyer

5.

HELP your client make her first prenatal appointment and address any barriers she may have in getting there, such as transportation, childcare, insurance



Find the toolkit at:

gowhenyouknow.org