

School Health Services

Asthma Ready Program

OUR PROGRAM

75 students, aged 10-14 with asthma, participated in an educational program across six schools in three counties. School nurses led six weekly or bi-weekly sessions, which were integrated into existing school activities such as study halls, school breakfast, and recess, ensuring regular classroom instruction was not disrupted. There were also guest appearances from a nurse practitioner and a community educator.

Program focus:

- What is Asthma?
- Understanding Symptoms and Triggers
- Managing Asthma
- Impact of Smoking and Vaping
- Education Surrounding an Asthma Treatment Plan

The Akron Children's Diabetes Community Education team also provided community support by hosting two parent education nights.

HEALTH IMPACT

Well Visit Compliance Up 18%

We connected participants who were overdue for a well visit, with the School-Based Health Center, improving access to care and increasing well visit compliance from 62% at the start to 80% by the end of the program.

Asthma-related Emergency Visits Down 67%

The program improved asthma management, resulting in only 4 students needing emergency room or urgent primary care visits for asthma exacerbations, down from 12 at the start.

STUDENT SURVEY

I am comfortable talking to friends about my asthma.



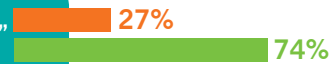
I am comfortable talking to adults about my asthma.



I know what causes me to have asthma symptoms.



I know "a lot" or "almost everything" about my asthma.



Before Asthma Ready
After Asthma Ready

STUDENT VOICES

What "Asthma Ready" means to me!

"I can still play in sports even though I have asthma."

"Having my inhaler and knowing when I need to use it."

"Knowing when I need to slow down and use my inhaler."

TIMELINE

