

# Having another baby?

Ask about progesterone.



My last baby was born at 34 weeks and has some bad breathing problems. I'm making an appointment now because I heard progesterone can keep my baby from being born too soon if I take it early enough.

## Progesterone must be started early in pregnancy.

- Go to the doctor, nurse, or midwife as soon as you know you are pregnant and ask about progesterone.
- Babies born too soon may have trouble breathing and eating.
- Taking progesterone, the hormone of pregnancy, can reduce the chances of a baby being born too soon.

## At your first prenatal visit, ask your provider these questions:

- 1 What is progesterone?
- 2 Is progesterone right for me?
- 3 When should I start progesterone?
- 4 How will progesterone be given to me?

