*Both:*

Preheader: By simplifying lifestyle change program referrals and SMBP implementation.  
Subject Line: ODH Websites Make Lifestyle Change and Home Blood Pressure Monitoring Easy

Headline: Prevent Diabetes and Manage Hypertension By visiting comprehensive websites to help refer patients to lifestyle change programs and establish self-measured blood pressure (SMBP) monitoring plans.

Body: On the Ohio Over Hypertension website, you will find resources to help you establish SMBP monitoring plans with your patients, including:

• Guides and trainings to establish SMBP.

• Listings for validated blood pressure monitoring devices.

• Useful ICD-10 and CPT billing codes.

ODH.Ohio.gov/Hypertension

And on the Prepare to Prevent Diabetes website, you will find resources to screen, test, and refer patients to a local, CDC-recognized lifestyle change program, including:

• Guides to implement a screen, test, and refer process.

• Listings for nearby National DPP Lifestyle Change Programs.

• Printable and digital screening tools in multiple languages.

ODH.Ohio.gov/Prediabetes